



Book of Philippians - Part 14 (Philippians 4:1-9)

The Big Idea – Stand Firm in the Lord! (v. 1)

Text begins with “Therefore...” – conjunction joining Paul’s thoughts to what he has already said...

- Phil 1:6 – What God starts He finishes!
- Phil 3:20 – We are citizens of heaven!

“...**In the Lord**” – That’s where our strength comes from
No middle ground! – you are either in the Lord or in the World

Stand Firm – to persevere, persist, to remain steadfast; to hold onto, to be immovable, to not lose ground, to not give up

- Philippians 1:27 (Unity)
- Galatians 5:1 (Freedom)
- 1 Corinthians 16:13 (As a Soldier)
- 2 Thessalonians 2:15 (Strong Grip)



HOW TO STAND FIRM:

1. **SETTLE DISAGREEMENTS** (v. 2-3)
 - Must have Unity in the Body of Christ!
 - You can disagree with someone and still love them!
2. **REJOICE IN THE LORD** (v. 4)
 - Not based on feelings or circumstances; based on Jesus Christ and what He has done for you
 - The Romans Road – 3:23, 6:23 (NEED); 5:8 (PROVISION); 10:9 (RECEIVE); 5:1, 8:1 (RESULT); 8:38-39 (PROMISE)
3. **BE GENTLE** (v. 5)
 - Gentle = kind, considerate, tender-hearted, compassionate, reasonable, even tempered
 - Why be gentle? Because the Lord is at hand [near]
4. **PRAY ABOUT EVERYTHING** (v. 6-7)
 - Worry = poison, Prayer = antidote
 - Nothing too big or too small (1 Pet 5:7)
 - Ephesians 3:20
 - Memorize Matthew 6:33!
 - Giving thanks (v. 6) melts away fear, worry, doubt & disarms the enemy
5. **FIX YOUR THOUGHTS** (v. 8)
 - Battlefield of the mind - Focus on Jesus!
6. **PUT IT INTO PRACTICE** (v. 9)
 - Call to action; James 1:22

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