

Let us make the most of time.

Take a minute and think about yesterday. How did you spend your day? Was it time well spent or time wasted? Maybe a mix of both?

The Bible has a lot to say about our time. King Solomon, one of the wisest people to ever live, wrote some of his wisdom in the Old Testament book of Ecclesiastes. Take a moment with your family to read Ecclesiastes 2:18-26 and consider what King Solomon has to say about how to use time.

What stood out to you in these verses? Did you notice that King Solomon referred to his toil/work as meaningless. He even calls it *a chase after the wind*. Have you ever chased the wind? It seems like a silly thing to do since we can't catch wind. What was Solomon trying to earn from all of his toil?

Solomon, after working and striving for years to be better, do better, and have more, realized that the busyness was meaningless. He learned that the real value came in what God was doing in his life along the way. The true gift from God was not the busyness, but the enjoyment of what Solomon had worked for and pleasant rest. Solomon knew busyness sabotaged a God-focused life.

Jesus knew this too and modeled it during his time on Earth. Grab a Bible and glance through the works of Jesus. You'll notice that He didn't set out to do many miracles, He set out to be with the people and the miracles happened along the way. He wasn't so overbooked and busy that he didn't have time to heal the hurting who were in his path. Instead, he was open to the opportunities the Father had for him.

This is how we should live also. We should make it a point to enjoy the journey God has for us. We must remember that each day is a gift full of opportunity from God, but that we will miss it if we busy ourselves with things of this world.

As you go through this week, take advantage of the slower pace of our world right now. Look for God moments, take time to soak in the glory of creation, notice the people who may need you to be the hands and feet of Jesus. Enjoy the *along the way*.

Family Discussion Questions:

What are some things of this world that take too much of your time?

What things has God done *along the way* in your life this week?

How can you pray for each other this week?

Post this page to your fridge or mirror this week. Write a little note every time you notice God moving in your life this week.



This Week's God Moments