



ICE BREAKER:

- Has there ever been a time in your life that you felt God's peace that transcends all understanding? Talk about that experience.

DISCUSSION:

1. Read Romans 8:1-2.

- What stands out to you in this section of scripture?
- How does knowing you have freedom in Christ Jesus allow you to live for Him?

2. Read John 14:27.

- What stands out to you in this section of scripture?
- Do you live knowing that you have peace that is given to by Jesus?
 - How do remind yourself of His peace in tough situations?

3. Read John 14:16-17 & 26.

- Do you rely on the Advocate (Holy Spirit) in your daily life?
- Talk about a time you leaned on the Holy Spirit for help.

4. Read John 16:33

- What stands out to you in this section of scripture?
- Knowing you will have trouble in the world, how do you remind yourself that Jesus is with you and has overcome the world?

5. Read Philippians 4:6-7.

- When life gets tough, how do you refocus your mind on Christ?
- Talk about a time that you prayed for something you were anxious about and that prayer was answered.
 - The answer may not have been what you expected!

APPLICATION:

- Go out this Christmas season knowing that Christ has overcome the world!
- Lean on Christ when you feel the weight of the world falling on you.
- If you know someone that doesn't know Christ, pray for them and find an opportunity to share your faith with them.