

## DISCUSSION QUESTIONS | THE PROBLEM WITH WORRY / APRIL 23, 2023

1. We all can have a tendency to worry. If there was a "worry scale", where will you rate yourself?



- 2. We worry about these things we are most "devoted to". What are you most worried about today?
- 3. Sometimes "worry and anxiety" steal an awareness of the good things that we do have, do experience, and have achieved. How can you identify with that statement?
- 4. "Worry is pointless!" It's said that 70% of what we worry about right now never happens anyway. How does worry steal your "right now"?
- 5. Talk about the correlation between the greatness of my worry compared to the size of my faith. What are some things that can build my faith?
- 6. Talk about "Do what you can, trust God with the rest". Pray for one another about another's area of worry.