



PART 4: SLOWING

Sometimes the best things in life don't happen fast, they take time. But in our society obsessed with speed, we usually reject anything that takes time. But what if slowing down was how we learned to walk in the way of Jesus? A way that leads to love, peace, and joy? This week we are exploring the idea of slowing.

DISCUSSION QUESTIONS

These questions are a guide to get the conversation started in your group or home; don't feel like you have to ask everything below! As long as your having a conversation you're headed in the right direction. Feel free to adjust the questions to fit the needs of your group.

- 1. What did you think about the message?**
- 2. Do you like things that are slow? Do you like to drive slow?**
- 3. Read 1 Corinthians 13:1-7. What do you notice about the passage? What does this passage tell us about God?**
- 4. Paul is nothing without love. How are you doing when it comes to loving other people? Are nothing, as the Apostle Paul says? Do you agree with Paul's statement?**
- 5. Love is patient. What does patience have to do with loving someone?**
- 6. Love is not self-serving, it is not easily angered, it honors another person. What do all these things have in common?**
- 7. Slowing down will make us more loving people. In what ways is slowing down going to be a challenge? How can this group pray for you?**
- 8. In the message, Paul listed some different ways we can slow down. Which ones do you plan to apply to your life?**

ADDITIONAL READING

The Ruthless Elimination of Hurry by John Mark Comer

Subversive Sabbath by AJ Swaboda

Sacred Fire, Ronald Rolheiser
