

- Jehovah Rapha (The Lord is my healer) -

Ice-Breaker:

Can you recall a time when you experienced physical, emotional, or spiritual healing? What was the process like for you, and how did it impact your faith?

Discussion Questions:

Read Matthew 4:23-24

1. **Why do you think physical healing is such an important part of Jesus' ministry? How do you understand God's role in physical healing today?**

Read Hebrews 12:15

2. **How can emotional wounds, such as bitterness or unforgiveness, impact our lives spiritually and mentally?**

3. **Why is it important to let go of these hurts for healing to take place?**

Read John 4:14, Matthew 20:22

4. **What does it mean to you that Jesus offers living water for spiritual healing? How does this promise affect your daily life?**

5. **God's healing is seen in physical, emotional, and spiritual forms. How does understanding God as the healer in each of these areas change your approach to prayer or your expectations of Him?**

6. **After experiencing healing in one of these areas (physical, emotional, or spiritual), what should our response be? How can we honor God for His healing touch in our lives?**

Application:

Take a moment to ask God for healing in any area of your life where you are struggling—physically, emotionally, or spiritually. Trust in His power as Jehovah Rapha.