

## **Sermon Discussion Guide**

## **REVIEWING THE MESSAGE**

In this week's message, we focused on Psalm 27 and how King David responded to fear and worry by declaring his faith in God and seeking His presence above all else. Let's review and recall the main points of the sermon.

- 1. What are some of the modern-day fears and worries that were mentioned at the beginning of the message?
- 2. How did King David begin Psalm 27, and why is that significant in the face of fear?
- 3. What was David's "one thing" that he desired most from the Lord?
- 4. According to the sermon, why is it important to strengthen our faith in God before storms come?
- 5. How does Psalm 27 end, and what encouragement does it give us about waiting on the Lord?

## CONNECTING TO THE MESSAGE

Sunday's message showed us that David's approach to fear has direct connections to the struggles we face today. Let's reflect on how this teaching connects to our personal lives and the world around us.

- 6. Which of David's experiences with fear (lions, Goliath, Saul, betrayal, etc.) resonates most with challenges you have faced or are facing?
- 7. In what ways do you personally find yourself living in "what-ifs" and worst-case scenarios?
- 8. How do you experience God's presence as a "fortress" when life feels overwhelming?
- 9. What are some common "go-to" responses people rely on when they're afraid (calling experts, searching online, etc.), and how does that compare to crying out to God first?
- 10. How has unconfessed sin or broken fellowship with God impacted your ability to find peace in times of fear?

## APPLYING THE MESSAGE

In his message, Pastor Jeff challenged us to not only understand God's answer to fear but to actively live it out in daily practice. Let's consider what steps we can take in response to the message.

- 11. What practical step could you take this week to strengthen your trust in God before the next storm comes?
- 12. How can you build a habit of declaring your faith out loud, like David did, instead of only focusing on your fears?
- 13. What does it look like for you to make God's presence your "one thing" in daily life?
- 14. How might waiting on the Lord actively trusting him change the way you approach a current situation of fear or anxiety?
- 15. What specific action will you commit to this week, either individually or as a group, to put Psalm 27 into practice?