

Instructions for Christian Households

ICE BREAKER:

- How is the challenge of going of reading Ephesians every day? What has stood out to you?
    - Even if you miss a day, keep going! You got this!
    - Don't forget to bring your Bible on Sunday!

DISCUSSION:

1. **Read Ephesians 5:8-6:9.**
    - Does anything specific stand out to you in this section of scripture?
2. **Read Ephesians 5:21.**
    - If you're married, how can you practice submitting you're your spouse this week?
        - Remember, submitting is not equated to being a doormat!
3. **Read Ephesians 5:22-24.**
    - If you're a wife, what is one way you can support your husband this week?
    - How can you lead your family to Christ this week?
4. **Read Genesis 2:20-25.**
    - Adam needed Eve to be his helper in the Garden of Eden! Wives and husbands are called to work together and to point each other to Jesus. What is one way this week you can point your spouse to Jesus?
5. **Read Ephesians 5:25-33.**
    - If you're a husband, what is one way you can love your wife this week?
    - How can you lead your family to Christ this week?
6. **Read Song of Songs 4:9-10.**
    - Husbands and wives are called to love one another. This song is written from a husband to his bride. How can you be more intentional with one another this week?

APPLICATION:

- Submit to one another and love your spouse
- Open lines of communication- be intentional this week to talk to each other