



## **Week 2 Discussion Guide**

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### **REVIEWING THE MESSAGE**

*Sunday's message walked through Genesis 3:7-10 and reflected on how Adam and Eve's response to sin mirrors our own tendency to hide in shame rather than step into God's light. Let's review the key points of the message together.*

1. In Genesis 3, how did Adam and Eve respond after they sinned, and what does that reveal about the power of shame?
  2. The message mentioned Satan's four tactics: confuse us, caricature God, calm our consciences, and class up our lust. Which of these stood out most to you, and why?
  3. What was the significance of God asking Adam and Eve, "Where are you?" after they sinned?
  4. How did the message describe the difference between "hiding" and "healing"?
  5. What role does confession play in moving from hiding to healing, according to 1 John 1:7-9 and James 5:16?
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### **CONNECTING TO THE MESSAGE**

*Sunday's message showed that Adam and Eve's story is also our story - we all face the temptation to hide behind "fig leaves" when we feel broken or ashamed. Let's connect the themes of the message to our own life experiences.*

6. What are some common “fig leaves” people use today to cover shame or pain (addiction, busyness, perfectionism, etc.)?
  7. Have you ever experienced the cycle of trying to cover up a struggle instead of bringing it into the light? What was that like for you?
  8. Why do you think we so often believe the lie that we need to hide from God and others when we are struggling?
  9. How has shame affected your relationship with God or with others at different points in your life?
  10. The message emphasized that God doesn’t heal the version of ourselves we pretend to be. What does that statement mean to you personally?
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### **APPLYING THE MESSAGE**

*The message challenged us to stop hiding and take bold steps toward healing by confessing, seeking prayer, and walking in the light. Let’s consider how to put that into practice this week.*

11. What is one area of your life where you sense God might be asking, “Where are you?”
12. Are there “fig leaves” you’ve been using that you feel God is inviting you to set down?
13. What step could you take this week to move from hiding to healing (confession, prayer, accountability, counseling, etc.)?
14. How can our Life Group be a safe and supportive community where people can step into the light without fear of judgment?
15. As a group, what is one way we can pray for each other this week to experience the freedom and healing God offers?