

Garden to Garden — Part 1

Family Devotional Guide

Day 1: Handling Hard Moments with Prayer

Scripture: Matthew 26:36-39

Devotional Thought: Jesus faced His most challenging moments with prayer. He went to the Garden of Gethsemane to talk to His Father. When we face difficult times, we can follow Jesus' example and pray.

Discussion Questions:

- What is something you need to talk to God about?
- How do you feel after you pray about something that worries you?

Parenting Tip: Encourage your children to develop a habit of prayer by setting aside a specific time each day to pray together as a family.

Prayer Focus: Pray for the ability to turn to God in prayer during difficult times and to trust Him with your worries.



Day 2: Being Honest About Our Feelings

Scripture: Matthew 26:37-38

Devotional Thought: Jesus was honest about His feelings. He told His disciples that He was very sorrowful. It's important to be honest about how we feel and to share our feelings with others.

Discussion Questions:

- Can you think of a time when you felt sad or worried? Who did you talk to about it?
- Why do you think it's important to share our feelings with others?

Parenting Tip: Create a safe space for your children to express their emotions. Let them know it's okay to feel sad, worried, or scared and that they can always share their feelings with God and with you.

Prayer Focus: Pray for the courage to be honest about your feelings and for the wisdom to support each other as a family.



Day 3: Submitting to God's Will

Scripture: Matthew 26:39

Devotional Thought: Jesus submitted to God's will, even when it was hard. He trusted His Father and was willing to follow His plan. We can trust God, too, even when we don't understand everything.

Discussion Questions:

- What does it mean to trust someone? Who do you trust and why?
- How can we show that we trust God in our daily lives?

Parenting Tip: Teach your children about trust by modeling it in your own life. Share stories of times when you trusted God and how He helped you.

Prayer Focus: Pray for a heart that trusts God and is willing to follow His plans, even when they are difficult.



Day 4: Caring for Others

Scripture: Matthew 26:40-41

Devotional Thought: Even in His hardest moments, Jesus cared for His disciples. He encouraged them to pray and stay strong. We can show love and care for others, even when we are going through tough times.

Discussion Questions:

- How can you show kindness to someone who is having a hard day?
- Why is it important to care for others, even when we are feeling sad?

Parenting Tip: Encourage acts of kindness within the family. Create opportunities for your children to help each other and those around them.

Prayer Focus: Pray for a compassionate heart that looks out for the needs of others, even when we are struggling ourselves.



Day 5: Confidence in God's Plan

Scripture: Matthew 26:45-46

Devotional Thought: Jesus faced His hardest moment with confidence because He trusted God's plan. We can have confidence, too, knowing that God is with us and will help us through any situation.

Discussion Questions:

- What is something you are confident about? How does it make you feel?
- How can we remind ourselves that God is with us when we are scared?

Parenting Tip: Reinforce the idea of God's presence and faithfulness by sharing stories from the Bible and your own life where God has been faithful.

Prayer Focus: Pray for confidence in God's presence and His plans for our lives, trusting that He will never leave us or forsake us.

