

Notes Ps 16 V.9

1-Can you recall a time when you were in a less than desirable situation but experienced a deep inner peace in your heart?

Write about this experience in order to recall what God has done in the past
And share

2- Evaluate yourself: What does your living reveal about what truly resides in you heart

3- Use the evaluation: What is an area for you to concentrate on in discipleship. Remember discipleship is about growing, training and educating your inner self in who God is, what God desires, what God's character is like , and how we react to God. Reach out for help if you need to.