



- Practice Makes Peace -

Ice-Breaker:

What is your definition of peace? How hard it is to accomplish this definition?

Do you think it is possible to attain peace on this side of heaven?

Discussion Questions:

1. **Read Philippians 4:1-9.** In the first part of this chapter, we see a conflict between two Godly women who have done ministry and life together. How does Paul encourage them to resolve their dispute?
2. What does it mean to 'agree in the Lord?' How is this different from the way we normally resolve conflict?
3. Paul tells us to 'rejoice in the Lord' twice beginning in v4. He's providing an emphasis on rejoicing. We often see joy associated with 'to boast, take pride, or rejoice in.' Read Gal 5:22, Gal 6:14 and Phil 3:3. Where does our joy come from and in what exactly should we boast or rejoice in?
4. How is this deeper than happiness?
5. In v8-9, Paul encourages us to develop habits that lead to peace. But we must notice that true peace only comes from one source: God. Now, compare this list of habits to the Fruits of the Spirit vs acts of the flesh found in Gal 5:16-26, is there a correlation between developing the habits and the fruit of the Spirit? How does this lead to peace?

Application:

- Identify one of the habits Paul writes about in v8 that you would like to work on over the next couple of weeks. How can you apply this in your daily life and develop a proper practice?