



## Week 1 Discussion Guide

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### Reviewing the Message

*Sunday's message talked about Jesus' letter to the church in Ephesus and how a strong faith can slowly drift into distance without us realizing it. These questions help us review the main ideas and themes from the message.*

1. What stood out to you most from Jesus' message to the church in Ephesus?
  2. How did Jesus describe what the Ephesian church was doing well?
  3. What was the main concern Jesus had with this church, even though their doctrine was strong?
  4. What does it mean to "lose your first love" according to the message?
  5. How did the message define the difference between being right about Jesus and being close to Jesus?
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### Connecting to the Message

*Sunday's message also helped us reflect on how spiritual distance can show up in our own lives and relationships with God. These questions explore where we may see those themes personally.*

6. Why do you think spiritual distance often goes unnoticed in our lives?
  7. Where have you seen routine or responsibility begin to replace relationship in your faith?
  8. How can cultural pressure or busyness make it harder to stay close to Jesus?
  9. Which part of Jesus' invitation to return - remember, repent, or return - felt most relevant to you right now?
  10. How does knowing Jesus corrects us because he wants closeness change the way you view conviction or discipline?
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### **Applying the Message**

*Sunday's message invited us to take intentional steps toward renewed intimacy with Jesus. These questions focus on practical ways we can respond to what God is saying.*

11. What is one sign that your relationship with Jesus is becoming more routine than relational?
12. Which of the four practices - opening up in safety, asking for support, savoring his presence, or keeping showing up - do you sense God inviting you to grow in?
13. What is one habit you could restart or adjust this week to help you come closer to Jesus?
14. How can this group help one another guard against spiritual drift and encourage closeness with Jesus?
15. What specific action do you feel led to take this week in response to Jesus' invitation to return to your first love?