



God Never Said He Won't Give You More Than You Can Handle

When life becomes more than we can handle, it may be an invitation not to rely more on ourselves but to depend more on God's presence and experience God's power.

In difficult situations, what is your first response: self-reliance, worry, avoidance, or turning to God?

What situation in your life currently feels like more than you can handle?

How might God be inviting you to depend on Him more deeply?

What do we learn about depending on God and experiencing God's power in difficult times from the example of

- Gideon: Judges 6-7
- David: Psalm 18:1-4-19
- Jonah: Jonah 1 and 2
- Paul: 2 Corinthians 12:8-10
- Jesus: Matthew 26:36-46 and Luke 22:39-46

What would it look like for you to depend on God's presence in times of need? What one step can you take this week to ask God for help instead of relying on your own strength?

When feeling overwhelmed, pause and ask:

- Where is God in this situation?
- What is God inviting me to trust Him with today?

Begin each day with the prayer: *God, I cannot do this on my own. Help me lean on Your presence and experience Your power today."*

