



Message Study Guide

(Scriptures & quotes from this week's message are available on thorncreek.church/live)

Warming up

1. Walking with God can feel like going up and down a ladder. Sometimes you're doing great...other times you go back a few steps. When are you at your best? What have you learned about yourself?

Digging Deeper & Application

Take your time reading the scripture given. If possible look up the verses in different versions and pause at each verse and discuss it.

2. Read Romans 7:15-25. Can you identify with Paul? Are you tempted to give up? What keeps you going?
3. Read Matthew 26:41. What's the difference between the spirit and the flesh? Describe each one in your own words.
4. Read Romans 8:1-14. What role does the Holy Spirit play in our life?
5. According to Galatians 5:16-23, how do you know if you are led by God's Holy Spirit?
6. Go through the fruits of the spirit. Which one is your strongest? Which one is your weakest?
7. Read Romans 8:31-39. You are loved by God. What can come between you and God?



Application

Below are some of the points or quotes shared in the message.
Discuss how they apply to your life.

- Internal battles only happen when there's a desire to do right.
- If there's no desire, there's no fight.
- There's a certain amount of conflict that brings legitimacy to your faith.
- TD Jakes
- Struggle is part of life.
- "Satan knows that if he can get our attention for five seconds, he may have our mind for five minutes!" - T.W. Hunt
- If your sinful nature controls your thoughts, then you can't please God.
- Spirit-driven people think differently. Their natural disposition of what used to be normal has been replaced with a new holy disposition that drives their life.
- The Holy Spirit makes it possible for you to live above the power of sin. But, it doesn't mean you won't have occasional battles.