



Devotion Info
- Finding Contentment -

DAY 1: Read Philippians 4:8-15

[8] And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. [9] Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

[10] How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. [11] Not that I was ever in need, for I have learned how to be content with whatever I have. [12] I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. [13] For I can do everything through Christ, who gives me strength. [14] Even so, you have done well to share with me in my present difficulty.

[15] As you know, you Philippians were the only ones who gave me financial help when I first brought you the Good News and then traveled on from Macedonia. No other church did this.

Philippians 4:8-15 NLT

- In verses 8-9, what adjective in Paul's listing stands out to you as the hardest thing to dwell on in your circumstances?

DAY 2: Read Philippians 4:8-12

[8] And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. [9] Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

[10] How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. [11] Not that I was ever in need, for I have learned how to be content with whatever I have. [12] I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little.

Philippians 4:8-12 NLT

- Look at what Paul writes in verse 12, "I have learned the secret."
- What has God done in your life for you to understand this principle and find rest with it?

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DAY 3: Read Philippians 2:12

[12] Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;

Philippians 2:12 NLT

- The phrase "work out" means literally to work to full completion, like a miner or farmer.
- How does this speak to the practical position of our salvation?

DAY 4: Read 2 Cor 12:10 and 1 Tim 6:6

[10] That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

2 Cor 12:10 NLT

[6] But godliness with contentment is great gain.

1 Tim 6:6 NLT

- What is there to gain in hardship?
- Why is this so hard for us to learn as Paul did in these circumstances?
- Do you believe you will ever move beyond these circumstances if you don't find the source of contentment?

DAY 5: Read Philippians 4:11-13

[11] Not that I was ever in need, for I have learned how to be content with whatever I have. [12] I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. [13] For I can do everything through Christ, who gives me strength.

Philippians 4: 11-13 NLT

- We see in these verses that the desire for, and the ability to be content, is formed by the Spirit of God.
- Does it encourage or discourage you that contentment is something to be learned and that you don't learn this overnight?

Application:

- Now that this series has come to an end, how does Philippians 4:13 read differently to you now?
- Does this verse stand as a motivation or a daunting reality that there are some hard things ahead?

If you would like a daily reminder of these devotionals for each week's sermon, text "DEVO" to 512-877-5131 and you'll receive a text message after 8am Monday-Friday with a link to that day's devotional.