

How to Find Your Bearing When You Feel Lost

Question: Where Are You?

Genesis 3:9

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Genesis 3:9 (NKJV), *Then the Lord God called to Adam and said to him, “**Where are you?**”*

How Do We Get Lost / Wander Off?

1. Distractions

Mark 4:19 (KJV), *“...and the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.”*

2. Bad Advice

Proverbs 13:20 (KJV), *“He that walketh with wise men shall be wise: but a companion of fools shall be destroyed.”*

James 1:5 (NKJV), *“If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.”*

3. Wrong Choices

Proverbs 14:12 (ESV), *“There is a way that seems right to a man, but its end is the way to death.”*

4. Serving Others

Luke 10:38–42 (NIV), *“As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord’s feet listening to what he said.*

⁴⁰*But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”*

⁴¹*“Martha, Martha,” the Lord answered, “you are worried and upset about many things, ⁴²but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.”*

5. Offense / Hurts

What Should I Do If I Am Feeling Lost Today?

1. Stop!

- a. When you find yourself in a hole...the best thing to do is stop digging. Drop the shovel!
- b. When you are lost and not sure which way you should go, stop moving!

2. Humble yourself

Here is what the Word has to say about being humble:

Psalms 138:6, *For though the Lord is high, He regards the lowly, but the haughty He knows from afar.*

Proverbs 3:34, *Toward the scorners He is scornful, but to the humble He gives favor.*

Matthew 23:12, *Whoever exalts himself will be humbled, and whoever humbles himself will be exalted.*

Luke 1:52, *He has brought down the mighty from their thrones and exalted those of humble estate.*

James 4:6, *But He gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble."*

1 Peter 5:5, *Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with humility toward one another, for God opposes the proud but gives grace to the humble."*

3. Worship!

When we worship, it should **not** be about us. Worship should be about Him.

4. Allow yourself to be loved.

Luke 15:1-32

(Parable of the Lost Coin, Lost Sheep and Son)

When you find yourself confused, lost, or unsure of what to do next

- Stop
- Humble Yourself
- Worship / Pray
- Seek Godly Counsel / Look into His Word
- Remember that you are deeply loved by Jesus
 - He will give you guidance.
 - He will lead you in paths of righteousness.
 - He will redeem and restore you.