



THE INVISIBLE WAR

- The Armor - Part 2 -

Ice-Breaker:

- For you, personally, what is the most difficult part of believing there is an invisible, unseen world that impacts your visible, seen, world?

Discussion:

1. Read Ephesians 6:16:

The shield of faith represents believing God's Word is true, even when things appear otherwise.

- Why would God call faith "a shield"?
- There are many fiery darts, but five primary ones Satan shoots at us are *doubt, discouragement, delay, difficulty, and depression*. Which of these do you struggle with the most and how will you prevent them from piercing your armor?

2. Read Ephesians 6:17a; John 3:16-18:

The helmet of salvation represents trusting that God has saved you and living like it.

- Why is it so important for believers to be assured of their past salvation (the fact that you've been saved from eternal damnation and given eternal life)?
- Read I Timothy 2:5-6; II Peter 2:1; I John 2:1-2. Explain how these passages teach that Jesus loves and died for all people?
- Read Ephesians 2:8-9; John 5:24. Salvation is a free gift of God, received the moment a person trusts in Jesus Christ as his/her personal Savior. How does John 5:24 give us *absolute* assurance of salvation (past, present and future)?

3. Read Ephesians 6:17b:

The sword of the Spirit represents using God's Word as a weapon against Satan.

- Practically speaking, how do you get the Word of God into your heart and life?
- Read Matthew 4:1-11. What lessons can we learn from Jesus in His battle with Satan?
- Read Hebrews 4:12; James 4:7. How might you (like Jesus) use the word of God to verbally resist the enemy in your life?

Application:

- Read Ephesians 6:18. We put on the spiritual armor through prayer.

A Sample Daily Prayer:

God, today, I need to put on the belt of truth. Help me to know and live out Your truth.

God, I need the breastplate of righteousness. I don't want to have impure thoughts, motives or relationships.

God, I need to put on the shoes of the good news of peace. I'm so stressed out, and I need Your peace.

God, when doubts hit me, help me to pick up the shield of faith and trust that Your Word is true.

God, remind Me that I'm Your child, safe and secure for all eternity. I need to keep my helmet of salvation on.

God, help me to memorize this Bible verse, so I can use it as a sword against Satan's attacks in my life.