

Argyle Study Guide, Philippians, part 1, 09-27-2026

Read Philippians 1:1-2

1. Out of the 66 books of the Bible, some of them have a theme that can be expressed with just one word.

What is the one-word theme for Philippians?

2. Paul wrote the book of Philippians inspired by the Holy Spirit to express and encourage real joy.

Real joy. Supernatural joy.

Joy that flows from a healthy relationship with God.

3. Many of us have our joy so deep down in our heart that your face cannot find it. Sometimes we need to tell our face about the joy we feel down in our heart.

Why is joy sometimes hard for us to express?

4. Read Philippians 4:4

When should we express real joy?

5. So how did Paul do it? How was he able to live in a constant state of joy?

Was he blessed with a perfect life with no pain, no sadness, no depression.

Read 2 Corinthians 11: 23-27

6. The source of true joy is found in the Lord, not in anything else. Everything else will let you down.

Paul put his trust in the sovereignty of God.

Paul put his trust in the provision of God.