

The Seven Heart Attitudes

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| 1. Put the goals and interests of others above my own. | <i>Philippians 2:3-4</i> |
| 2. Live an honest, open life before others. | <i>Ephesians 4:25-26</i> |
| 3. Give and receive Scriptural correction. | <i>Hebrews 10:24-25</i> |
| 4. Clear up relationships. | <i>Matthew 5:23-24</i> |
| 5. Participate in the ministry. | <i>1 Peter 4:10-11</i> |
| 6. Support the work financially. | <i>2 Corinthians 9:6-7</i> |
| 7. Follow spiritual leadership within Scriptural limits. | <i>Hebrews 13:17</i> |

As we commit to live out God's Word and put it into practice, the Word moves from TRUE to REAL and in the process **TRANSFORMS** us *Romans 12:2; 2 Corinthians 5:17*

The Heart Attitudes are about choosing growth and getting out of our **COMFORT ZONE** *2 Timothy 1:7-8a*

The sequence of the Heart Attitudes is **CRUCIAL** to their **EFFECTIVENESS**

- #1 - Sets the stage for the kind of relationship the group will have and how people will be **TREATED**
- #2 - Sets the depth to which we will communicate in the context of #1, deeper than surface level. Also an agreement to be truthful sets the stage for a commitment to correction.
- #3 - Builds on #1 & #2 and sets the stage for #4, because with correction, there needs to be repentance and forgiveness.
- #4 - Follows logically and practically from #3, because of correction occurs there needs to be a vehicle to make things right.
- #5 - Calls us to look to the interest of the entire group/team and do our part to help out.
- #6 - Comes after #5 because we are interested in participation, not merely financial support
- #7 is last and gives followers confidence because...
 - ◇ Leaders are **BOUND** to the same Heart Attitudes
 - ◇ Followers have permission to **CORRECT A LEADER** if he/she goes "out of bounds"

The Heart Attitudes give us a **BIBLICAL FRAMEWORK** to relate to one another in community and maintain healthy relationships in the long run *John 13:34-35*

My #1 take-away from the TRUE to REAL series is....

Practicing the Heart Attitudes outside of church...

- **In business:** from the 7 Heart Attitudes to the **6 High Value Management Practices**
 - ◇ Act in the genuine best interest of others
 - ◇ Communicate honestly
 - ◇ Give and receive “kind correction”
 - ◇ Clear up misunderstandings; to the extent possible, resolve conflicts
 - ◇ Do your part of the work
 - ◇ Cooperate with your leaders within their jurisdiction
- **In marriage:** Insert the words “**my spouse**” and/or “**marriage**”
 - ◇ Putting the goals and interest of MY SPOUSE before my own
 - ◇ Living an open and honest life before MY SPOUSE
 - ◇ Giving and receiving Scriptural correction to and from MY SPOUSE
 - ◇ Clearing up my relationship with MY SPOUSE
 - ◇ Fully engaging in serving MY SPOUSE and the MARRIAGE
 - ◇ Making sacrifices to contribute to the welfare and mission of the MARRIAGE
 - ◇ Lovingly leading or respectfully following MY SPOUSE in mutual submission

Reflection Questions:

- Which of the 7 Heart Attitudes is the easiest for you? Hardest for you? Why?
- Which Heart Attitude has God been growing/challenging you in the most these last 8 weeks? Why?
- Which Heart Attitudes do you need to grow in the most moving forward? Why?
- Specifically, how can you further integrate the Heart Attitudes into your closest relationships (family, co-workers, etc.)?

Resources: [Heart Attitudes in Different Settings](#)

Memory Verse (**Topic: Love**)

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.

John 13:34-35 ESV

My Next Steps:

- Today, for the first time, I'll choose to follow Jesus!
- I'll talk with someone about [what it means to be a follower of Jesus](#).
- I'll join a group this fall to learn more and work on practicing the Heart Attitudes.
- I'll _____