



- Prayer: It's Not Just For Dinner -

Ice-Breaker:

What do you do in the everyday rhythms of life that you find yourself doing on autopilot? Have you ever found yourself driving and thinking you don't remember passing something a few blocks back because you just zoned out?

Discussion Questions:

Read Matthew 6:7-15

1. Can you contrast praying something from rote memory to praying instinctively from a place of emotion, need, or circumstance? From both views of prayer, describe how you would foster a deeper relationship with God.
2. When you think of the phrase, "Hallowed be your name," how does that shape your approach to prayer? Or does it?

Read Matthew 6:10

3. What comes to your mind when you think about God's Kingdom coming? Can you connect that thought to God's will being done in the scope of eternity and your daily life personally?
4. We like to think God has a specific will for our lives, but how does Jesus' example of prayer address the priority for our will and his own?

Read Matthew 6:13, James 1:13-14, and 1 Corinthians. 10:13

5. How often do we acknowledge our own weakness in prayer while seeing the confidence we have in Christ? If you are honest, how often do you undervalue prayer because you believe you are competent and capable enough to make your own choices?

Application:

- **Of all things Jesus could have prayed, he prayed these words. How then should his words shape my prayer life?**
- **If we believe we should model our lives after Jesus's, shouldn't we also give greater attention to His prayer as we shape our prayer life?**