



- The Voice (Part One) -

Ice-Breakers:

Throughout the past week, if you took on the 60/60 experiment and committed to become more aware of God's presence, did you experience any particular successes or challenges?

Discussion:

Read John 5:5-17.

1. What are the primary points of emphasis Jesus makes in this passage?

Read 2 Corinthians 10:4-5. Our thoughts are powerful — they can keep us stuck, or move us around in circles, or move us forward toward experiencing the life God desires for us.

2. How can we identify ideas that run counter to the voice of God?
3. How do we control or “take captive” our thoughts when they are spiraling us away from God?

Read James 1:5-7; Hebrews 11:6.

4. How often do you involve God in your decision-making?

Read Proverbs 1:5, II Timothy 3:16.

5. How does Scripture guide us in hearing and/or confirming God's voice?
6. Why do you think we sometimes feel like the “rules” in the Bible are “restrictive,” rather than for our own good? What does this say about our trust in God?

Read Proverbs 11:14, Proverbs 19:20, Proverbs 27:17.

7. Share a time when you felt as if God was speaking directly to you through another Christian.
8. How did you know God was speaking to you through that person?
9. Do you have any trusted (wiser, ‘older’) believers that you go to when you have a major decision in your life? If so, how was that relationship formed?

Read Proverbs 2:2-6, Job 33:14, John 10:27, Matthew 6:6

10. What do these verses teach us about how God speaks to us?
11. What gets in the way of you hearing God's voice?

Application:

- Every 60 minutes for the next 60 days, pause and remember that God is present with you in that moment no matter what you're doing, and invite Him to guide you step by step throughout your next 60 minutes. (To help remind you to pause every 60 minutes, set your watch/phone to beep every hour.)
- Book Resources: Soul Revolution by John Burke and/or The Practice of the Presence of God by Brother Lawrence