

Barriers To A Strong Family

According to God, who gave us the family, families matter.

Living With Resentment

2 Samuel 6.16, 20-23

Resentment will destroy your family and leave you miserable

The Saddest Marriage In The Bible

Eventually resentment will destroy everything it touches

16 Then it happened *as* the ark of the Lord came into the city of David that Michal the daughter of Saul looked out of the window and saw King David leaping and dancing before the Lord; and she despised him in her heart.

20 But when David returned to bless his household, Michal the daughter of Saul came out to meet David and said, "How the king of Israel distinguished himself today! He uncovered himself today in the eyes of his servants' maids as one of the foolish ones shamelessly uncovers himself!"

21 So David said to Michal, "*It was* before the Lord, who chose me above your father and above all his house, to appoint me ruler over the people of the Lord, over Israel; therefore I will celebrate before the Lord.

22 I will be more lightly esteemed than this and will be humble in my own eyes, but with the maids of whom you have spoken, with them I will be distinguished."

23 Michal the daughter of Saul had no child to the day of her death.

Dealing With Resentment

David had a heart connected to God.
Michal did not.

Michal could never let go. David did.

Recognize your resentment

Commit to a journey of forgiveness

Look for a path of reconciliation

Express gratitude