

Sex – God's Perfect Design

Ice-Breaker:

- **Do you think sexual temptation is worse in our day than in previous generations? Why or why not?**

Discussion:

1. **Read Song of Solomon 7:1-13. Solomon gives quite a description of his lover, Shulamite. What is the significance of this passage and what does it teach us about a husband's approach to intimacy with his wife?**
2. **Read Proverbs 5:15-19. According to this passage, husbands are to *'rejoice in,'* be *'satisfied'* and be *'ever captivated'* by our wives. In what ways can we (as husbands or wives) cultivate those attitudes toward our spouse in marriage?**
3. **Read Mark 10:6-9**
    - **Why do you think the divorce rate among believers is no different than the divorce rate among unbelievers in our society today?**
    - **In your experience, what is the leading cause of divorce in our society today?**
    - **How might we reverse this trend and help Christian couples stay together?**
4. **Read Deuteronomy 24:5**
    - **Why do you think God was so concerned that a husband be focused on his wife and their intimacy in the bond of marriage?**
    - **What causes so many married couples to get into a rut, sexually… and how might they break out of that?**
5. **Sin affects every aspect of our beings, so all of us are broken sexually. However, healing and forgiveness are available no matter our past.**
    - **Why do you think people carry more guilt over sexual sins than other sins?**
    - **Why do you think some people judge sexual sins more harshly than other sins?**

Application:

- **Think of one way you can develop a healthier attitude toward sexuality and seek to apply that in your own life.**