



Scriptures from New International Version unless noted

Fear

“Don’t you see that whatever enters the mouth goes into the stomach and then out of the body? But the things that come out of a person’s mouth come from the heart, and these defile them. For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander. These are what defile a person; but eating with unwashed hands does not defile them.” (Matthew 15:17-20)

Then he got into the boat and his disciples followed him. Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

Matthew 8:23-27

Then he got into the boat and his disciples followed him. (Matthew 8:23)

Main Point #1: Trust Jesus and Go

Suddenly a furious storm came up on the lake, so that the waves swept over the boat, but Jesus was sleeping. (Matthew 8:24)

Main Point #2: Take Time Away

The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” (Matthew 8:25)

Main Point #3: Go to Jesus!

He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. (Matthew 8:26)

The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

Matthew 8:27

Main Point #4: Jesus is God

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” (John 16:33)