

LIVE IT OUT

Answer these questions on your own or preferably with others to reflect upon and apply what you've heard.

1. Which part of today's message stood out to you and why?
2. Think through and list the implications of 2 Corinthians 5:19a. Can you think of at least seven?
3. How do you think the Lord wants to leverage the "Fresh Start Effect" in your life? What would embracing a fresh start look like for you?

The theme of this series was suggested by The Power of Moments by Chip Heath & Dan Heath.

3 CORNERSTONE TOP THREE

Learn what's happening right now with the three most important things for you to know this week at Cornerstone.

1. **Our next baptism celebration is Sunday, June 9.**
CornerstoneNH.org/baptism
2. **Next Sunday we'll recognize graduates.**
CornerstoneNH.org/events
3. **The baby bottle campaign runs through Father's Day.** CornerstoneNH.org/Care

CORNERSTONE COMMUNITY CHURCH

Mail: PO Box 1011, Concord, NH 03302-1011

Voice or Text: 603-225-2550

Email: contactus@cornerstonenh.org

Check In: Church Center app or CornerstoneNH.org/here

Give: Church Center app or CornerstoneNH.org/give or
Text dollar amount to 84321



Do you have Cornerstone's Church Center **app**?

∴ Check In ∴

∴ Give ∴

∴ Register for Events ∴

The app makes Cornerstone **easy**!

MEMORIAL DAY WEEKEND

SUNDAYS
11 AM

MOMENTS

ON SITE &
ONLINE

PIVOTAL MOMENTS, ADDED MEANING

CORNERSTONENH.ORG

Your name: _____

YOUR GROWTH GUIDE FOR

CORNERSTONE ON SITE & CORNERSTONE ONLINE

SUNDAY, MAY 26, 2024

“How do I turn the page on the past?”

FRESH STARTS

TODAY'S MESSAGE

MOMENTS PART THREE • TODAY: RESTARTS
LAMENTATIONS 3:16-24, ROMANS 6:1-5

THE BOTTOM LINE

GOD GRANTS FRESH STARTS



The faithful love of the Lord never ends!

His mercies never cease.

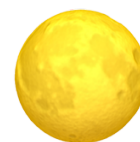
Great is his faithfulness;

his mercies begin afresh every morning.

– Lamentations 3:22-23 NLT

GOD BUILT FRESH STARTS INTO

Then God said, "Let lights appear in the sky to separate the day from the night. Let them be signs to mark the seasons, days, and years." – Genesis 1:14 NLT



The Fresh Start Effect: "Birthdays, anniversaries, changing seasons, the start of new jobs, these are all psychologically significant markers in time. They feel like breaking points and give us the sense of a clean slate."

On these dates, we can look back on failures and say, that was the old me last year, last week, or in my last job, and this is the new me. That optimism and feeling of separation from failure is key to helping people achieve their goals."

*(From Choiceology with Katy Milkman: A Clean Slate: With Guests John Beshears, Richard Thaler & Ray Zahab (Rebroadcast), Jan 1, 2022.
<https://podcasts.apple.com/us/podcast/choiceology-with-katy-milkman/id1337886873?i=1000546632902>)*

GOD GIVES US THE ULTIMATE FRESH START IN

Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!

– 2 Corinthians 5:17 CSB

✓ CLEAN _____, NEW _____

For God was in Christ, reconciling the world to himself, no longer counting people's sins against them.

– 2 Corinthians 5:19a NLT

But to all who believed him and accepted him, he gave the right to become children of God. – John 1:12 NLT

For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives. – Romans 6:4 NLT



✓ NEW _____, HIGHER _____

For God is working in you, giving you the desire and the power to do what pleases him. – Philippians 2:13 NLT

✓ GREATER _____, NEW _____

So if you have been raised with Christ, seek the things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. – Colossians 3:1-2 CSB

Your kingdom come.

Your will be done
on earth as it is in heaven.

– Matthew 6:10 CSB

"Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit." – Matthew 28:19 NLT

GOD REMINDS US OF OUR FRESH START IN

"This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it." – 1 Corinthians 11:23 NLT



The faithful love of the Lord never ends!

His mercies never cease.

Great is his faithfulness;

his mercies begin afresh every morning.

– Lamentations 3:22-23 NLT

Give us today our daily bread.

– Matthew 6:11 CSB

NEXT STEP: SAY YES

MAKE A _____
TODAY

Saying "YES" to Jesus? Let us know by checking in on our app, double-circling "say yes" on your Check-In card, or text YES to 603-225-2550. Let us celebrate your decision with you & resource you for your new life in Christ.

"The fresh start effect is related to a larger phenomenon called mental accounting. Mental accounting describes our tendency to label resources, like time and money, and treat them as if they belong in certain buckets and aren't entirely interchangeable. One day has the same type of hours in it as any other day. One dollar is as useful or valuable as any other dollar. But people tend to put their money and their time into different mental accounts and to use them differently once they're categorized." (Ibid, Choiceology)