



- Minding Your Mind -

Ice-Breaker:

What would you say captures your thoughts more often than anything else?

When you consider your friendship groups or your spouse, do you find yourself being the one who's in control? Can you rest in situations where you have no control?

Discussion Questions:

Read Philippians 2:5-11

1. In verses 3-4, how do Paul's words intersect your life in a way that draws you closer to Christ, versus just bringing shame or guilt?
2. How would you explain verse 5 to an unbeliever that would draw them to Christ?
3. Read John 1:1 and Philippians 2:6. Who is the Word referring to?
4. Read 2 Cor. 5:9. How do you make this verse practical in your daily living? What would be the evidence of that decision?
5. Read verses 10-11. How did this bring hope to Paul's audience then, compared with the church's audience today?

Application:

- If all you had of the Bible was Philippians 2:5-11, would it be enough for you to believe in Christ as your Savior?