

Garden to Garden — Part 1

Bible Study Discussion Guide

Bible Reading:

1. Genesis 3:15 - "And I will cause hostility between you and the woman, and between your offspring and her offspring. He will strike your head, and you will strike his heel."
2. Matthew 26:36-46 - Jesus in the Garden of Gethsemane
3. Hebrews 4:14-16 - A Sympathetic Savior

Observation Questions:

1. What promise did God make in the first garden (Genesis 3:15), and how is it connected to Jesus' journey from the Garden of Gethsemane to the Garden Tomb?
2. What emotions is Jesus feeling in the Garden of Gethsemane (Matthew 26:36-46)? What actions does he take in the face of such intense emotion?
3. According to Hebrews 4:14-16, what gives Jesus the unique ability to understand our "weaknesses" or hardships? What should we do in light of such a sympathetic savior?

Interpretation Questions:

1. How does Jesus' experience in the Garden of Gethsemane reveal His humanity and divinity? How does his dual nature qualify Him for His role in The Father's plan for salvation?
2. What does Jesus' prayer in Matthew 26:39 teach us about submission to God's will, even in the face of immense suffering?
3. How does the fact that Jesus was a man who experienced our heartaches and hardships encourage us to endure tough



circumstances (Hebrews 4:15)? How does his example give us hope?

Application Questions:

- 1.** Reflect on a time when you felt overwhelmed by life's pressures. How can Jesus' example of turning to prayer in Gethsemane guide you in similar situations?
- 2.** Jesus was honest about His sorrow and distress. How can you practice authenticity in your own struggles, and who can you reach out to for support?
- 3.** Do you need to cultivate more confidence in God's plan, even when you are in the midst of uncertainty or suffering? How can prayer and the support of your church family help?
- 4.** Jesus showed concern for others even during His hardest moments. How can you be mindful of the needs of those around you, especially when you are facing your own challenges?
- 5.** Consider the promise of redemption and restoration from Garden to Garden. How does this promise impact your trust in God's faithfulness and timing in your life?
- 6.** Jesus submitted to the Father's will despite His suffering (Matthew 26:39, 42). What areas of your life require submission to God's will, and how can you take steps to trust Him more fully?

