

FOUNDATIONS

PART 5: PRAYER

Scriptures from New International Version unless noted

It was at this time that He went off to the mountain to pray, and He spent the whole night in prayer to God.

Luke 6:12 NASB

Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise. Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

James 5:13-16

Rejoice always; pray without ceasing; in everything give thanks; for this is God's will for you in Christ Jesus."

1 Thessalonians 5:16-18 NASB

Thumb - _____

The earth is the LORD's and everything in it...

Psalms 24:1

And we know that God causes all things to work together for good to those who love God

Romans 8:28 NASB

Pointer Finger - _____

Shout joyful praises to God all the earth! Sing about the glory of His name! Tell the world how glorious He is.

Psalms 66:1-2 NLT

Let them all praise the name of the Lord for His name is very great. His glory towers over the earth and heaven!

Psalms 148:13 NLT

God's Attributes

- **Holy** – God is separate, set-apart, unique, one of a kind
- **Sovereign** – God is in control of the universe (though He allows mankind a certain degree of freedom)
- **Omnipotent** – God is all-powerful, almighty
- **Omniscient** – God knows all things
- **Omnipresent** – God is present everywhere
- **Eternal** – God has existed from all eternity past and will exist into all eternity future

- **Immutable** – God is unchanging
- **Love** – God is benevolent to all of His creation
- **Justice** – God is fair in all His dealings with His creation
- **Goodness** – God cannot do evil and He desires the best for all His creation
- **Mercy** – God has compassion on those in need and works on their behalf
- **Truth** – God cannot lie

Middle Finger - _____

...if we confess our sins to Him, He is faithful and just to forgive us our sins and to cleanse us from all wickedness.

1 John 1:9 NLT

Ring Finger - _____

Intercession - Praying on another person's behalf:

i.e. for - healing (physical, emotional, psychological, spiritual), job opportunities, marriage/family struggles, wisdom, direction in life and more!

Pinkie - _____

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Galatians 5:22 NASB

"This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples."

John 15:8

Do not be anxious about anything, but in everything by prayer and petition with thanksgiving present your requests to God. And the peace of God which transcends all understanding will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened. Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"

Matthew 7:7-11

What if You Feel Stuck in Your Prayer Life?

Practical steps:

- Break up your prayer times.
- Do not be overwhelmed.
- Concentrate, that is, focus on God.
- Seek to free your mind of stress, worry, and distractions, so Jesus is the one and only item in your mind.
- Read the newspaper and pray for items in your nation, county, and neighborhood.
- Read a Bible passage or sing a hymn.