

The Thrill of Hope Advent 2025 – Peace 12/4 & 12/6

Big Idea: "Invite God to restore you to a shalom kind of peace."

Scripture Reading - Luke 2:8-15

"Peace interrupted... chaos reigns."

Two Kinds of Peace

- A. Peace #1: Absence of conflict
 - Like sheep grazing, calm, quiet
 - We think this is peace—but it's incomplete

B. Peace #2: Biblical peace - shalom

- Not absence of conflict, but wholeness, well-being, completeness
- Peace = wholeness → hearts, lives, world made new

The world does not feel at peace because "almost nothing feels whole."

• Personal Peace Interrupters - social media, politics, worldviews, etc...

The Hope Effect

- Hope is Jesus, we belong to God
- Peace is a byproduct of hope so, hope remains even when peace is interrupted
- "Hope makes a way for us to get back to peace."

When Your Peace Gets Interrupted: Three Practices

- 1. Go to Jesus (like the shepherds)
- 2. Be in a genuine community
- 3. Return to settings that remind you what's true

"Glory to God in the highest, and on earth peace..."

DISCUSSION QUESTIONS

For Personal Reflection or Group Conversation

Opening (Warm-Up)

- When have you experienced a "peace interrupted" moment recently?
- What's something that currently steals your sense of peace?

Going Deep (Scripture & Reflection)

Shepherds

- What does it mean to you that God chose shepherds—ordinary, overlooked people—to receive the message of peace first?
- What stands out to you from the angel's announcement?

Two Kinds of Peace

- Can you think of a time when you wanted peace to be the absence of conflict? How about a time when you sought shalom/wholeness? What do you notice about these different types of peace?
- How have you seen God bring wholeness into any fractured places in your life?
- Where in your life right now do things feel "not whole"?

Peace Interrupted – In the World and in Us

- Which personal habits or situations (social media, pressure, expectations) most interrupt your peace?
- Have you ever experienced internal chaos that mirrors the shepherds' moment of fear?

The Hope Effect

- How does hope—that "somehow, someway, someday it's gonna be alright"—shape your experience of peace?
- Have you ever experienced peace that didn't come from calm circumstances?
- Which of the three shepherd practices do you need most right now?
 - 1. Go to Jesus
 - 2. Remind each other / lean into community
- Return to places that restore peace

Application

- Who is someone you can go to when your peace is interrupted?
- What is one practice or place that helps you return to a sense of shalom?
- What might it look like to cultivate a shared sense of shalom during Advent?
- Who in your life needs encouragement or a reminder of peace right now?