

5-DAY QUIET TIME CHALLENGE

Spend just **3-7 minutes** each day, Monday – Friday
in **God's Word** and In **Prayer** broken down like this:

1. Spend first 30 seconds **PRAYING**, asking God to speak to you, show you more about Him and more about you
2. Spend next 1-3 minutes of **READING** part or all of...
 - Monday – Psalm 8
 - Tuesday – Psalm 23
 - Wednesday – Psalm 100
 - Thursday – Psalm 113
 - Friday – Psalm 121
3. Spend next 1-2 minutes THINKING about what you just read, write down anything you want to remember.
4. Spend last 1-2 minutes PRAYING about what you just read.
 - i.e. – if read Ps 23, The Lord is my shepherd,
5. Prayer, thank you for being my shepherd and for leading me and caring for me...

Share the Awesome:

A Post a verse, an insight, or a prayer on social media.

Tag us @hopechurchfw and use the hashtag #5DayQuietTimeChallenge