

## How To Live a Life of Purpose

Acts 13:36

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### What others are saying about living a life of purpose

"The purpose of life is a life of purpose."

–Robert Byrne

"True happiness... is not attained through self-gratification, but through fidelity to a worthy purpose."

–Helen Keller

"Efforts and courage are not enough without purpose and direction."

–John F. Kennedy

"Find out who you are and do it on purpose."

–Dolly Parton

"God's purpose is more important than our plans."

–Myles Munroe

"The two most important days in your life are the day you are born and the day you find out why."

– Mark Twain

**Purpose** – The reason for which someone exists.

## Acts 13:36,

*Now when David had served God's purpose in his own generation, he fell asleep; he was buried with his ancestors and his body decayed.*

### 5 Purpose Paralyzers

#### 1. Costly distractions

##### Colossians 3:2,

*Set your minds on things above, not on earthly things.*

"By prevailing over all obstacles and distractions, one may unfailingly arrive at his chosen goal or destination."

–Christopher Columbus

#### 2. Toxic relationships

##### Proverbs 13:20,

*Walk with the wise and become wise, for a companion of fools suffers harm.*

##### Proverbs 22:24–25,

*Do not make friends with a hot-tempered person, do not associate with one easily angered,<sup>25</sup> or you may learn their ways and get yourself ensnared.*

"Without doubt, the most common weakness of all human beings is the habit of leaving their minds open to the negative influence of other people."

–Napoleon Hill

### 3. Immobilizing fears

#### **Proverbs 12:25,**

*Anxiety weighs down the heart, but a kind word cheers it up.*

#### **Proverbs 29:25,**

*Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe.*

*"Always do what you are afraid to do."*

–Ralph Waldo Emerson

*"Avoiding danger is no safer in the long run than outright exposure. The fearful are caught as often as the bold."*

–Helen Keller

### 4. Painful pasts

#### **Isaiah 43:18–19,**

*"Forget the former things; do not dwell on the past. <sup>19</sup>See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.*

*"Perfecting the past blurs your focus of the future."*

–Marvin Davis

### 5. Comfort zones

#### **Proverbs 1:32,**

*For the waywardness of the simple will kill them, and the complacency of fools will destroy them.*

#### **Amos 6:1,**

*Woe to you who are complacent in Zion, and to you who feel secure on Mount Samaria, you notable men of the foremost nation, to whom the people of Israel come!*

*"I hate to see complacency prevail in our lives when it's so directly contrary to the teaching of Christ."*

–Jimmy Carter

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#### **In case you missed it...**

##### **Answers:**

1. Distractions
2. Toxic
3. Immobilizing
4. Painful
5. Comfort