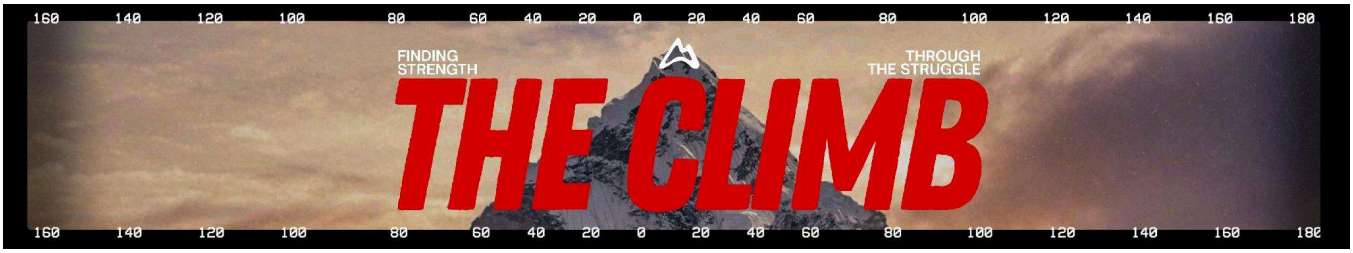

- No Looking Back -

Ice-Breaker:

Describe "running a race" in your life that resulted in a win or a loss? How did each make you feel?

Discuss how this earthly race compares to the spiritual race Paul describes..

Discussion Questions:
Read Philippians 3:12-21

1. How does remembering you are heaven-bound change how you perceive your temporary trials on earth?

2. What makes believing you've "already attained" dangerous? How has God been working on you recently?

3. How does Christ's humility for your sake inspire you to humble yourself? What benefits have you experienced when you humbled yourself before God (Matthew 11:28-30)? Do you invite God to shape you daily?

4. What is the difference between letting the past shape you and letting it define you? How has God enabled you to learn from the past without staying there?

5. Read verses 20-21. How does knowing your future —an eternity spent with Jesus—influence how you spend your time in the present?

Application:

- How is this series in Philippians impacting the practical way you live each day? How can you pray for one another as you walk through the struggle of the climb you are experiencing?