

TAKE A NEXT STEP

Cornerstone's Next Steps are ways to participate in the life of the church and take next steps in your spiritual journey. Indicate your **new** Next Step commitment when you check in.

- **Say "Yes!"** to Jesus as Savior (forgiver) & Lord (leader) daily.
- **Worship** together weekly.
- **Connect** in a small group relationally.
- **Invite** others regularly.
- **Serve** on a team (at least) monthly.
- **Give** consistently.

say yes • worship • connect • invite • serve • give

Double-circling "say yes" on your Check-In card indicates you're acknowledging Jesus as Savior & Lord for the first time. Circle any Next Step to indicate a **new** step you're taking today.

CHECK IN – Card, app, or text Here to 603-225-2550.

NEXT STEP: WORSHIP

COMMIT TO _____
TOGETHER WEEKLY.

LIVE IT OUT

Answer these questions on your own or preferably with others to reflect upon and apply what you've heard.

1. Which part of today's message stood out to you and why?
2. Which is a bigger struggle for you, to see that a sabbath is beneficial or workable?
3. What step can you take to apply today's message to your life this week?

CORNERSTONE COMMUNITY CHURCH

Mail: PO Box 1011, Concord, NH 03302-1011

Voice or Text: 603-225-2550

Email: CONTACTUS@CORNERSTONENH.ORG

Give to support the ministry of Cornerstone!

Use our app, go to CornerstoneNH.org/give, or text the amount you want to donate to 84321.

Send checks to our mailing address above.



Give using our **Church Center** app!
CornerstoneNH.org/app

PRAXIS

CornerstoneNH.org

YOUR NAME: _____

Check in! You matter to us! We want to know who's connecting at Cornerstone. Open our **Church Center app** (search for it in your app store) and click the **Check In button**, or text **here** to **603-225-2550**. On Site? Printed **Check In cards** are available. For WiFi connect to **cornerstone** with password **Sayyes2003!**



YOUR GROWTH GUIDE FOR

CORNERSTONE ON SITE & CORNERSTONE ONLINE

SUNDAY, JULY 16, 2023

“How can I make the sabbath work?”

THE SABBATH AT WORK

TODAY'S MESSAGE

PRAXIS PART ELEVEN • TODAY: THE SABBATH • MARK 2:23-27

THE BOTTOM LINE

YOU _____ OBSERVE A SABBATH.

Then Jesus said to them, "The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath.

– Mark 2:27 NLT

Potluck Get-together (Saturday, July 22, 5-9 PM) Susan Jones is inviting everyone to her home for a summer church potluck. She'll provide the burgers and hot dogs. Bring a side to share. Gather around the campfire too (weather permitting). RSVP at CornerstoneNH.org/calendar to get details and directions.



KNOW GOD

Next Step: **SAY YES**

The Ordinances:

_____ &

Core Practice: _____

Next Step: **WORSHIP**

Core Practice: Worship

_____ weekly

A SABBATH IS _____.

Then Jesus said to them, "The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. – Mark 2:27 NLT

BENEFITS

Experience _____

Gain _____

Improve _____

Remember: Muscles repair after a workout. Going without proves you can. Relationships happen in the margin.

A SABBATH IS _____.

Then Jesus said to them, "The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. – Mark 2:27 NLT

TIPS

Find a _____

_____ & _____

Roll with the _____

Triggers you might use: Sundown. Sunup. Eating a Sabbath meal. Reading Scripture together. Gathering family and friends for conversation and celebration. Celebrating communion. See <https://www.practicingtheway.org/sabbath> for more information and ideas.

Box your phone.

Adapt! Observe the principle, reject legalism. Legalism is when a man-made rule or personal conviction is raised to the status of a universal law that must be observed, especially in order to merit or prove salvation.

A SABBATH IS _____.

So the Son of Man is Lord, even over the Sabbath!"
– Mark 2:28 NLT



*Worship is the acknowledgment of God
in any and every aspect of life.*