Life Group Questions

Teach Us To Pray

“Give Us This Day Our Daily Bread”

Luke 11:3

## **Discussion Questions 💬**

* **Pastor Will discussed how anxiety often comes from having too many options in life. How can focusing on 'daily bread' - what God provides for today - help reduce anxiety in our lives?**
	+ The sermon mentioned that nearly 20% of adults have anxiety disorders, and Jesus offers a focus on spiritual food that feeds the soul rather than being overwhelmed by options.
	+ What specific areas of your life do you find yourself anxious about having too many choices, and how might simplifying your focus to 'today's needs' help?
* **The sermon explained how God is a 'just in time provider.' Why is it sometimes difficult for us to wait for God's timing rather than wanting everything immediately?**
	+ Pastor Will shared how the Israelites had to trust God daily for manna, and couldn't store it overnight as it would spoil, teaching them patience and dependence.
	+ What current situation in your life requires you to trust God's timing rather than trying to control everything yourself?
* **How does praying 'give us this day our daily bread' shift our focus from individual needs to community needs?**
	+ The sermon emphasized that the prayer uses 'us' and 'our' rather than 'me' and 'my,' indicating God's concern for community provisions.
	+ In what ways could you help provide 'daily bread' - whether physical, emotional, or spiritual - to others in your community?
* **Based on Luke 11:3 and the sermon's message, what is the difference between praying for what we need versus what we want?**
	+ Pastor Will explained that God's provisions are about what He deems necessary for our lives, not necessarily what we want.
	+ How can you better distinguish between your genuine needs and your wants when bringing requests to God?
* **The sermon traced the theme of bread throughout Scripture, from Genesis to Jesus. How does understanding Jesus as the 'Bread of Life' change our perspective on what true satisfaction means?**
	+ Pastor Will mentioned that Jesus was born in Bethlehem (house of bread) and declared Himself the Bread of Life, showing that true contentment comes through Him.
	+ What areas of your life are you seeking satisfaction in things other than Christ, and how might redirecting to Him change your perspective?

## **Prayer 🙏**

* Please take a moment to share any prayer requests you might have.
* Ask God to help us remember to trust in His daily provisions and to be content with what He provides.
* Pray to cultivate a heart that is willing to share God's blessings with those in need around us.
* Seek God’s guidance in identifying ways to apply His truths about provision and contentment in our daily decisions.
* Request strength and patience as we wait for God's perfect timing in His provisions.