**Andover Christian Center – December 7, 2022**

Matthew 11:28-30

28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

Matthew 11:28-30 Amplified Bible, Classic Edition (AMPC)

28 Come to Me, all you who labor and are heavy-laden and overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.]

29 Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls.

30 For My yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne.

Proverbs 3:13-17

13 Happy is the man who finds wisdom,

And the man who gains understanding;

14 For her proceeds are better than the profits of silver,

And her gain than fine gold.

15 She is more precious than rubies,

And all the things you may desire cannot compare with her.

16 Length of days is in her right hand,

In her left hand riches and honor.

17 Her ways are ways of pleasantness,

And all her paths are peace.

Psalms 127:1-2

1 Unless the LORD builds the house,

They labor in vain who build it;

Unless the LORD guards the city,

The watchman stays awake in vain.

2 It is vain for you to rise up early,

To sit up late,

To eat the bread of sorrows;

For so He gives His beloved sleep.

Psalms 127:1-2 (NLT)

1 Unless the Lord builds a house, the work of the builders is wasted.

Unless the Lord protects a city, guarding it with sentries will do no good.

2 It is useless for you to work so hard from early morning until late at night,

anxiously working for food to eat; for God gives rest to his loved ones.

Mark 4:35-41

35 On the same day, when evening had come, He said to them, "Let us cross over to the other side." 36 Now when they had left the multitude, they took Him along in the boat as He was. And other little boats were also with Him. 37 And a great windstorm arose, and the waves beat into the boat, so that it was already filling. 38 But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, "Teacher, do You not care that we are perishing?"

39 Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm. 40 But He said to them, "Why are you so fearful? How is it that you have no faith?" 41 And they feared exceedingly, and said to one another, "Who can this be, that even the wind and the sea obey Him!"

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