

- BREAK MY HEART, GOD -

Ice-Breaker:

- **What are some of your pet peeves (what things annoy you the most)?**

Discussion:

1. **What do you think about asking God to break your heart? What feelings does that stir up?**

2. **Read Jeremiah 8:18; Nehemiah 1:3-4. What cause or injustice breaks your heart on behalf of God? (i.e. abuse victims, extreme poverty, orphans, struggling teenagers, those who don't know Jesus, people battling depression, those struggling with an addiction, etc.)**

3. **Read James 1:2-4. *'God's greatest blessings often come from God's greatest breakings.'* Have you ever experienced God's blessings as a result of suffering? What happened?**

4. **Read Romans 9:1-3. Have you ever experienced this sort of brokenness for someone or something? Describe your experience.**

5. **Discuss this statement: *'It's better to hurt with a purpose than to exist without one.'***

Application:

- **If God hasn't broken your heart over something, ask Him to do so this week.**

- **If God has broken your heart over something, ask God to show you your next steps and then do them.**