

The Full Armor of God

ICE BREAKER:

- As we wrap up Ephesians, talk about something that has stood out to you.
    - How has it enhanced or grown your relationship with Christ?

DISCUSSION:

1. **Read Ephesians 6:10-24.**
    - What stands out to you in this section of scripture?
    - What is one thing, in this section of scripture, you can work on this week?
2. **Read Ephesians 6:11-13.**
    - Has there been a time in your life when you have faced spiritual warfare?
        - If so, how did you handle that situation?
    - How can you proactively put on the full armor of God?
3. **Read 1 Peter 5:8-9.**
    - What are ways you can resist the devil?
    - Are there attacks in your life happening right now that need to be addressed?
4. **Read Ephesians 6:14-17.**
    - Out of all the equipment in the armor of God, which one do you use the most?
        - How do you practice using it?
    - Out of all the equipment in the armor of God, which one do you use the least?
        - How can you improve on it?
5. **Read Ephesians 6:18.**
    - How can you be praying for your brothers and sisters in Christ this week?

APPLICATION:

- Put on the full armor of God!
- If you're being attacked, reach out to a trusted Christian friend that will help support you and point you to God's Word.
- Continue to read God's Word