

RED LETTER

LIVING

How to Get Past Your Past

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Matt 4:19

“Come, Follow Me and I Will Make You Fishers of Men.”

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Why We Don't Follow

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Why We Don't Follow

1. We like to be in control.

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James 4:6-7

But he gives us more grace. That is why Scripture says: “God opposes the proud but shows favor to the humble.” Submit yourselves, then, to God. Resist the devil, and he will flee from you.

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Why We Don't Follow

1. We like to be in control.

2. Living in the Past

Genesis 19:23-26

The sun was risen upon the earth when Lot entered into Zoar. Then the Lord rained upon Sodom and upon Gomorrah brimstone and fire from the Lord out of heaven; And he overthrew those cities, and all the plain, and all the inhabitants of the cities, and that which grew upon the ground. But his wife looked back from behind him, and she became a pillar of salt.

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Genesis 19:23-26

Lot's Wife, Idit – Elite or Best

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Lot's Wife, Idit – Elite or Best
Zoar – Insignificance

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Genesis 19:23-26

Lot's Wife, Idit – Elite or Best

Zoar – Insignificance

Pillar of Salt – Statue

Great Quotes on the Past

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“We are products of our past, but we don't have to be prisoners of it.”

- Rick Warren

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“Change is the law of life. And those who look only to the past or present are certain to miss the future.”

- John F. Kennedy

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“The past is a place of reference, not a place of residence; the past is a place of learning, not a place of living.”

- Roy T. Bennet

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“The past is a stepping stone, not a millstone.”

- Robert Plant

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Great Scriptures on the Past

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Luke 9:62

Jesus replied, “No one who puts a hand to the plow and looks back is fit for service in the kingdom of God.”

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2 Corinthians 5:17 (KJV)

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

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Philippians 3:13-14

Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

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Isaiah 43:18-19

Forget the former things; do not dwell on the past.
See, I am doing a new thing! Now it springs up; do
you not perceive it?

I am making a way in the wilderness and streams in
the wasteland.

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How to Get Past Your Past

1. Realize you can never “get over” your past.

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How to Get Past Your Past

1. Realize you can never “get over” your past.
2. Remember to limit your time with a friend called “Regret.”

How to Get Past Your Past

3. Make peace with your past by accepting that you can't change it.

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How to Get Past Your Past

3. Make peace with your past by accepting that you can't change it.
4. Look and see God's fingerprint on your past.

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5. Remind yourself that your past has a purpose.

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5. Remind yourself that your past has a purpose.
6. Remove the lies of the past and trust the truth.

How to Get Past Your Past

7. Surround yourself with healthy people who fill you with faith.

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