

## Relationship Goals: Pure

### Big Idea:

This week we concluded our Relationship Goals series. We learned that God designed people for intimacy. God created sexuality for men and women as a pleasurable means to reinforce their oneness in marriage. Sex is about intimacy with your spouse. Intimacy is the desire to know someone completely and to be known by someone completely. To know and be known at all levels. To have a healthy marriage, couples must strive for both inward and outward sexual intimacy and purity. God wants you to have a pleasurable and powerful sex life. That's exactly what you'll experience when you follow His ways. Dr. Greg helped us to uncover the four lies about sex and the ways that we can experience God's goodness through sexual purity. Your desires can keep you from your destiny. Don't trade away God's lifelong gift in order to satisfy a short-term appetite.

(Proverbs 4:23 NIV) Above all else, guard your heart, for everything you do flows from it.

### Community Group Questions:

1. (1 Corinthians 7:4) The word ownership in a marriage means that everything we have is theirs, and vice versa. In the beginning of your marriage was this a hard adjustment to make? How can we move from a mentality of everything is "yours" to everything is "ours"?
2. Culture convinces us - and sometimes we convince ourselves - that sex is only physical. But if that is true, why is the pain of sexual sin so deep? How important are purity and integrity in today's culture?
3. Dr. Greg said that we all bring emotional "baggage" into our romantic relationships. What are some reasons why romantic relationships reveal this baggage more than any other kind of relationship?
4. What unwritten rules of love (both healthy and unhealthy) did you learn from your family of origin? How have those rules surfaced in your current relationships?

### Prayer Focus:

Jesus, thank You for being the perfect sacrifice for our sins. Holy Spirit give us the strength we need to resist temptation. Show us the sin we need to cut out of our lives so that we can become more like You. Amen!

### Next Steps:

Exclusivity is the key to great romance in marriage, but to get it requires setting a personal standard in advance. Making choices that honor God might seem like a sacrifice in the moment, but it will open the door for marital intimacy later. What changes do you need to make today that will positively impact your marital intimacy? What steps can you take this week to proactively love someone rather than reacting to what someone else does or does not do for you?