

4. Review Matthew 6:31-32. Think of your biggest worry right now. How would you feel and think differently about it if you knew that God was aware and was going to take care of it? Consider pouring out your concerns to God in prayer until you know at least he knows what is worrying you.

5. If you were to "shelve tomorrow, act today," what would you do be doing differently?

6. Pray and ask the Lord to show you what you need to *know* and what you need to *do* in response to what you've heard and read this week. Write here what comes to mind. Share your answer with your group if appropriate.

IN YOUR GROUP

In your Cornerstone Community group this week, discuss your answers to the ON YOUR OWN questions. In a one-hour online group session, you might spend a 10-15 minutes catching up, 40 minutes talking through the discussion questions above, and 15-20 minutes praying for one another and planning ways the group can meet needs and serve others.

With your giving you are playing a part in every "Yes!" at Cornerstone! Give online at [CORNERSTONENH.ORG/GIVE](https://cornerstonenh.org/give) or text the amount you want to donate to 84321. Checks can be sent to our mailing address below.

CORNERSTONE COMMUNITY CHURCH

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02/20-21/2021

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Your name _____

Growth Guide

FOR THE WEEK OF FEBRUARY 21, 2021

CONNECT AT CORNERSTONE

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*FOLLOWING JESUS MAKES LIFE BETTER
AND MAKES YOU BETTER AT LIFE.*

FIND YOUR NEXT STEP

[CornerstoneNH.org](https://cornerstonenh.org)

TODAY'S MESSAGE DON'T WORRY

TODAY: WORRY • MATTHEW 6:25-36

THE BOTTOM LINE

DON'T _____

"So don't worry about these things...your heavenly Father already knows all your needs."

– Matthew 6:31-32 NLT

THE "WHY" BEHIND "DON'T WORRY..."

WORRY IS _____

Can all your worries add a single moment to your life?

– Matthew 6:27 NLT

Here Jesus references a physical unit of measurement, the cubit (about 18 inches). In other words, If your life span could be measured as with a ruler, and the power of all your worries was applied, the length wouldn't be extended by a single unit.

Give us this day our daily bread. – Matthew 6:11 NASB

Think of a warehouse where God has prepared everything you need for This Day, and every This Day that will follow. Ask him to bring down the pallet of provision for Today. And don't worry about tomorrow.

WORRY IS _____

Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are?
– Matthew 6:26 NLT

Look at the lilies of the field and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you.
– Matthew 6:28-30a NLT

Notice how Jesus draws a logical conclusion from a lesser to a greater thing. If something is true for these lesser things (birds and wildflowers), it will certainly be true for these more important things (like you!).

Why do you have so little faith?
– Matthew 6:30b NLT

It is vain for you to rise up early, To retire late, To eat the bread of painful labors; For He gives to His beloved even in his sleep.
– Psalm 127:2 NASB

"So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. – Matthew 6:31-32 NLT

Food and drink: think provisions. Clothing: think protection. What do you need? God already knows. From what do you need protection? Entrust yourself to his care.

Saying "YES!" to Jesus? Text **YES** to **603-225-2550**

*Let us celebrate your decision
& resource you for your new life in Christ.*

But seek first his kingdom and his righteousness, and all these things will be given to you as well. – Matthew 6:33 NIV

WORRY ROBS YOU OF _____

"So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.
– Matthew 6:34 NLT

Think of taking all your worries and putting them in a box labeled Tomorrow. And shelve them.

THE CHALLENGE

SHELVE _____
ACT _____

ON YOUR OWN

Answer these questions this week to reflect and go deeper.
TALK IT OVER with friends right now, using the questions highlighted in **bold**.

- 1. What are some fears—irrational or otherwise—that you have had?**
2. Read slowly through the entire passage for today, Matthew 6:25-36. When we worry, the accompanying feeling is often anxiety. What sense or feeling do you get as you take in Jesus' words in this passage? What sense do you think he hopes we will get from this teaching?
- 3. Compare Matthew 6:33 with Matthew 6:10. What does it mean to seek first his kingdom and his righteousness?**