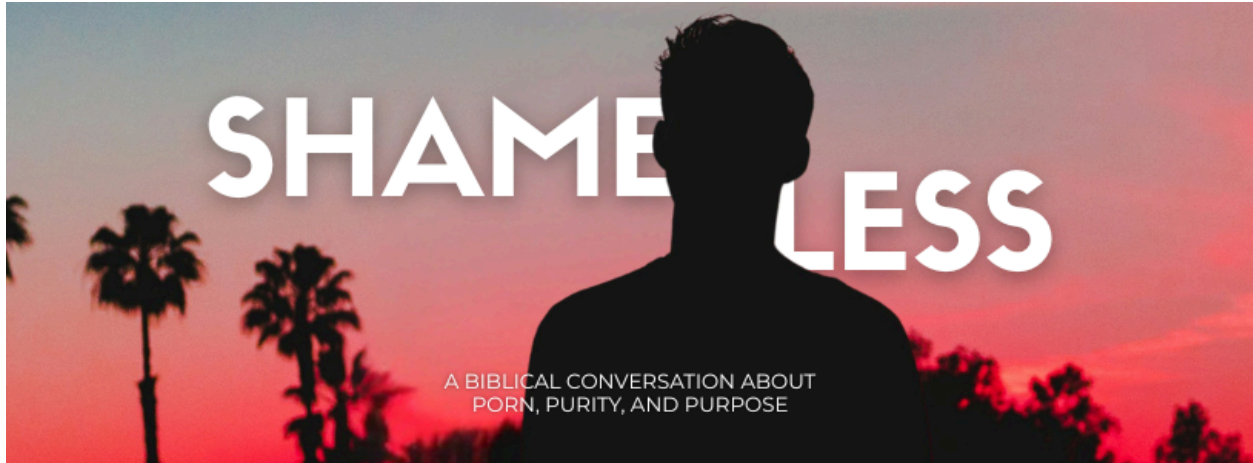




Week 1 Discussion Guide

Reviewing the Message

Sunday's message talked about how lust and pornography are not simply about sexual desire but are counterfeit attempts to meet our God-given need for love and connection. We explored Jeremiah 2:10-13, the image of broken cisterns, and the steps toward healing and freedom. Let's review the core content and themes of the message.

1. What does Jeremiah 2:13 mean in the context of lust and pornography?
 2. Jeremiah talked about "cracked cisterns." How do you describe this in your own words?
 3. What are the five stages of pornography addiction that were outlined?
 4. Pastor Brant stated that "The hub for lust is a hunt for love." What does the idea of the "hunt for love" mean to you?
 5. Why is shame such a dangerous part of the cycle of lust and addiction?
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Connecting to the Message

Sunday's message challenged us to look beneath the surface of lust to the deeper desires and wounds in our lives. Let's reflect on how the message connects to our personal experiences, relationships, and spiritual walk.

6. In what ways do you think our culture normalizes or even celebrates lust?
 7. Have you ever seen an example - either personally or in others - of someone trying to meet a deeper need in the wrong way?
 8. How does shame affect the way we deal with sin and temptation?
 9. Which part of the message resonated with you the most and why?
 10. What “cracked cisterns” are most tempting for people in your stage of life?
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Applying the Message

God’s Word calls us to step into the light, replace harmful habits with life-giving ones, and pursue purity in community. Let’s consider what steps we can take to respond to God’s truth from this message.

11. What would it look like for you personally to “hold it up to the light” this week?
12. Which life-giving habits could you exchange for harmful ones in your daily routine?
13. How can you address the deeper issues beneath temptation instead of just the surface behavior?
14. Who could you invite into your journey for accountability, encouragement, and prayer?
15. What is one specific step you will take this week to run toward God’s love instead of a counterfeit?