



- Christmas Blue-

Ice-Breaker:

Describe a moment when everything about your plans changed without notice. Talk about the impact it had on a holiday or a family gathering. Do you typically feel like sudden change brings a negative impact or a positive impact on your plans?

Discussion Questions:

Read Luke 2:25-35

1. When you read, “a light for revelation to the Gentiles, and for glory to your people Israel,” how do you think Mary and Joseph would have interpreted that? How do you interpret it?
2. How do Simeon’s words in Luke 2:29-32 impact your view of Jesus and why He came?
3. How different is the idea of fear and its impact on our lives today than the fears of those we read about in Luke 1:13, Matthew 1:20, and Luke 2:10-11?

Read Philippians 4:12-13 and Isaiah 53:4

4. What circumstance is Paul facing as he writes Philippians 4? How do his words impact your story this Christmas?
5. If you were talking to an unbelieving friend or family member, how would you help them understand what Isaiah 53:4 means to them?

Application:

- **Knowing there are people in your life who are experiencing a Blue Christmas because of loss this year, what can you do to comfort or encourage them?**