

Next Steps “Next Steps” are ideas and opportunities to help you go deeper in your faith. They are different each week and linked to Sunday's message. Below you'll find scriptures to read, questions for reflection, practices to try and opportunities to take action, all to help you become more like Jesus in your relationships with God, the Church, and the world.

Prayer – Prayer Brings Strength
August 4, 2024

What keeps you from praying? Guilt, boredom, busyness, distractions, pain, doubt, insecurity...

In what ways have your prayers been too small?

In what ways have your prayers been too general?

How can you take your too small and general prayer and make it big, bold and specific? Write it out.

Read **Ephesians 3:14-21**

Identify some of the “glorious riches” that are yours through Jesus Christ.

How can focusing on these things change your prayer life?

Read **Romans 8:37-39**. How have you experienced God's love and how has that love made a difference in your life? How can God's love help you pray with more power?

If you knew that God loved you no matter what and that all His power was at your disposal, what would you pray for?

Be bold and make that your prayer this week.

Find one way to grow and expand your prayer life this week.

- Set aside a specific time every day to pray.
- Pray with a friend.
- Ask a friend to hold you accountable in praying every day.
- Read a psalm every day and use it as a prayer.
- Find a new posture to pray (sit, stand, kneel, walk...)