

# Welcome to Digging Deeper

We've launched this weekly blog series to help you engage more deeply with Sunday's message. Whether you're new to church or have been following Jesus for decades, these questions will help you reflect and apply the truths we explore each week.

---

## Lessons Learned in Horeb

**1 Kings 19:9**

**Pastor Scott George**

**May 3, 2026**

Even the strongest believers face burnout and isolation. Elijah's story reminds us that faith isn't just about mountaintop victories, it's also about how we walk through valleys.

1. When God asks Elijah, "What are you doing here?" What do you think He is inviting Elijah to consider?
2. Elijah's despair led him to withdraw. When you feel overwhelmed, are you more likely to run, hide, or reach out? Why?
3. Reflect on this statement: *"Rest is not a luxury, but a spiritual discipline. When you sleep, you declare trust in the God who never slumbers."* - Ruth Haley Barton  
How does this reshape your understanding of God's presence in hard times?
4. How might God be calling you to support someone who is walking through a "Horeb" season right now?

God doesn't abandon us in our exhaustion or fear. He meets us, restores us, and calls us forward again. If you find yourself in a quiet or difficult season, don't overlook it. It may be the very place where God is speaking most clearly.

We hope these questions lead you into deeper conversations with God and with others. Join us again next week for more ways to dig deeper into God's Word and grow in faith together.

Grace and peace,

The Belle Isle Community Church Team