

Next Steps “Next Steps” are ideas and opportunities to help you go deeper in your faith. They are different each week and linked to Sunday's message. Below you'll find scriptures to read, questions for reflection, practices to try and opportunities to take action, all to help you become more like Jesus in your relationships with God, the Church, and the world.

## ***Happy Trails – Psalm 133***

**July 28, 2024**

Read Psalm 133. Why is unity so important to God?

Reflect on these scriptures: Proverbs 6:16-19,  
Colossians 3:12-14, Ephesians 4:3-6, John 17:11

### **Three things that BUILD unity.**

#### Humility

Read: Philippians 2

Why is humility necessary for unity? Where can your humility bring about unity at home, at work, in school, on teams, at church?

#### Trust

Why is trust necessary for unity? When have you seen trust lead to unity and the breakdown of trust lead to division?

How can you become more trustworthy and help build unity?

#### Dogged Determination

Why is determination and perseverance necessary for unity?

Where do you need to stick it out and keep going in life?

### **Three BLESSINGS of unity.**

Life gets good - Read Psalm 133:1

When has unity at home or at work been a blessing to you?

Teams get vital - Psalm 133:2.

What teams are you part of that need to be unified? What can you do to help bring about that unity? What opportunities for mission and ministry come when the church is unified?

Strength to carry on - Psalm 133:3

How does unity refresh and strengthen us?

Read Ecclesiastes 4:9-12

***Read all the Psalms of Ascent: Psalm 120 - 134***