



Week 3 Discussion Guide

REVIEWING THE MESSAGE

Sunday's message looked at 2 Timothy 2:22 and learned that purity is not about fighting temptation but fleeing from it. Pastor Brant reminded us that the power of purity is in the flight, not the fight. Let's review and reflect on the key themes of the sermon.

1. What stood out to you most from this week's sermon?
 2. How does 2 Timothy 2:22 describe the biblical strategy for dealing with lust?
 3. The message said that "You don't fight with lust, you flee from it." Why is this such an important distinction?
 4. How does Proverbs 7 illustrate the danger of lingering around temptation?
 5. What does it mean that the opposite of addiction is not sobriety, but connection?
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CONNECTING TO THE MESSAGE

Sunday's message raised the idea that temptation doesn't just affect "others" but often creeps into our own lives in subtle ways. In this section, let's discuss how the message connects with our personal experiences, relationships, and the world around us.

6. Why do you think so many people underestimate the power of temptation in their own lives?
 7. Can you think of a time when trying to “fight” temptation actually made it harder to resist? What happened?
 8. How does our culture often disciple people in the wrong way when it comes to sexuality and temptation?
 9. What role has community played in your life - either positively or negatively - in the fight against your bad habits?
 10. Sin is a counterfeit solution to deeper needs. How does knowing this shift the way we think about temptation?
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APPLYING THE MESSAGE

In his message on Sunday, Pastor Brant talked about developing a “flight plan” - running from temptation, running toward God, and running with others. Let’s think practically about what steps we can take this week to live this out.

11. What is one temptation or struggle you sense God calling you to “run from” right now?
12. Which spiritual discipline (prayer, Bible reading, fasting, worship, service, etc.) could you begin or deepen this month to run toward God more intentionally?
13. Who in your life could be a trusted accountability partner or encourager as you pursue purity and purpose?
14. What practical steps could you take this week to remove an environment or influence that often leads you into temptation?
15. How can our Life Group actively “run with” one another so that no one feels isolated in their struggles?