



DISCUSSION QUESTIONS | TOXIC ANGER | FEBRUARY 12, 2023

1. "Anger in our hearts is a prison." What does that imply and how does that relate to us when we are angry at someone or something?

Are you holding anyone in that "debt" prison at this moment?

2. Read Romans 14:17. How does this passage relate to anger?

3. How do you personally handle confrontation? Do you run away from it?

4. If someone comes to you complaining (gossiping) about someone else and their conflict with them, what was Pastor Brad's suggested question we should ask?

"Have you.....?"

5. Pastor Brad mentioned three responses related to our anger. See if you can fill in the blanks.

Don't d_____ it.

Don't de_____ dealing with it.

Go d_____to the person involved.

6. What "debts" did you think were owed to you from others that have caused anger in your heart?

("Debt" – something that was owed you that you did not receive)